

Confidence
David Clayton, Sr.

Exercise Guide and Slides

Confidence Exercise Guide

Scripture Exercises

Philippians 4:13	I can do this! Christ, give me strength to do your work. Christ get me out of my comfort zone. Christ, let me take the risk of faith. Christ, let me gain new knowledge. Christ, by your strength, let me sharpen and learn new skills.
Colossians 3:5-8	I will throw these things out of my life.
Jeremiah 17:7-8	Plant me like a tree by the waters I will not fear the heat or drought of life. Let me bear fruit
Hebrews 10:35-39	I will not throw away my confidence. I will persevere I will live by faith I will not shrink back
Ephesians 3:12-13	With faith I can approach God with freedom and confidence.
Ephesians 2:10	Lord, let me carry out today the good work you have prepared in advance for me to do.

Significant Statements

Confidence is about your ability not your image.

Confidence is not a personality trait or something you're born with.

You are most vulnerable when you place your confidence in something you can lose.

Your confidence must be in God, who is greater and in control.

The greatest thief to living the life that is pleasing to God, us, and to others is a lack of confidence.

When God gives you an idea, dream, or vision, it usually involves effort, confidence, and humility to achieve it.

When you are telling yourself that you can't do something it usually means you are focusing on the difficulty and not the opportunity.





H
U
M
C O N F I D E N C E
L
I
T
Y

Philippians 4:13

I can do all this **through him** who gives me **strength**.



**Confidence is about your
ability not your image**



Husky Tool Cabinet



Hebrews 10:35-39

So **do not throw away your confidence**; it will be richly rewarded.



**You are most vulnerable
when you place your
confidence in something
you can lose**



Ephesians 3:12-13a

through **FAITH IN HIM**(CHRIST) we may approach God with freedom and **CONFIDENCE**. I ask you, therefore, not to be discouraged. . .



Jeremiah 17:7-8

“But blessed is the one who trusts in the Lord,
whose **CONFIDENCE** is in him.

They will be **LIKE A TREE** planted by the water that
sends out its roots by the stream.

It **does not fear when heat comes**; its leaves are
always green.

It has no worries in a year of drought and never
fails to bear fruit.”



The **greatest thief** to living the life that is pleasing to God, us, and others is a **lack of confidence.**



Lacks Confidence

- closed minded
- seeks compliments
- knows it all
- Makes excuses
- What feels good.
- Blames others
- Hide flaws- inauthentic
- Negative outlook
- Comfort zone
- Traffics in rumors and gossip
- Stingy Mindset
- Judgmental
- Insecure about what others thinks
- Indecisive
- Stuck in old habits and ways



Confidence

- open minded
- gives compliments
- learns from others
- Take responsibility for everything
- Operates on principles.
- Admits mistakes
- Not afraid to show flaws
- Positive thinker
- Risk taker
- Doesn't talk negatively about others
- Generous Mindset
- Accepts others differences
- Can laugh at themselves
- Makes decisions quickly
- Develops new skills and better habits

Created in Christ **TO DO GOOD WORKS** which God **PREPARED IN ADVANCE FOR US TO DO.**

Ephesians 2:10

WORK OUT your salvation with fear and trembling for it is God who **WORKS IN YOU** to will and to act in order to fulfill his good purpose.

Philippians 2:12b-13

CONFIDENT in this, that **he who** began a **GOOD WORK** in you will carry it on **TO COMPLETION. . .**

Philippians 1:6



When God gives us an **idea, dream, or vision**, it usually involves **effort, confidence, and humility** to achieve it.



Hebrews 10:35-39

So **do not throw away your confidence**; it will be richly rewarded.

You need to persevere so that when you have done the will of God, you will receive what He has promised.

The **righteous live by faith**. I take no pleasure in the **one who shrinks back**.

But **we do not belong to those who shrink back** and are destroyed, but to those **who have faith** and are saved.



**When you are telling yourself
“You can’t do it,” it usually
means you are focusing on
the difficulty and not the
opportunity.**



