



FOCUS:

1. Where could you find more space in your house if you would just organize and clean it up?
2. What boxes of stuff are taking up space in your attic or garage that you will not throw or donate but have not opened or used in years?
3. What items have you wanted to discard or donate that have caused an argument with another family member?
4. How did the distraction of the boxes onstage while David spoke drive home the point of making space for loving God and others?

Read: Matthew 22:37-38

"Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.'"

John 10:10

The thief comes only to steal and kill and destroy; I have come that they may live. and have it to the full.

1. Pick a couple boxes of (jealousy, gossip, bitter, grudge, unforgiving, harsh, stingy, greed, prejudice, immorality, lying, church rules, impatience, division, unthankful, unbelief, and gizmos) taking up space in your heart and describe how they affect our love for God and one another.
2. Describe how the devil uses the boxes (in number 1) to steal, kill, and destroy our love for God and one another.
3. Tell how someone you know is so consumed with one or two of the boxes above that it has overtaken their life.

Read: Colossians 3:1,2,5,7-10

v. 1 Set your heart on things above, where Christ is seated at the right hand of God.

v. 2 Set your mind on things above, not on earthly things.

v.5 Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed ...

v.7 But now you must rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. Do not lie to each other . . .

1. To clear out the space in our heart, where must our heart be focused? 2. What are some practical ways to do this?
2. What is our obligation to other Christians when we see that these things listed by Paul are crowding out God?
3. In verse, 5 and verse 7, what terms does Paul use to show us the seriousness of keeping our hearts open to God?



Personal Reflection

1. Jesus died on the cross to not only save me from my sins but to provide the power by the Holy Spirit to clean my heart and make space for God.
2. My sin put Jesus on the cross. His death rescued from the power of that sin. His death provides the forgiveness and power I need to live in the moment for him.
3. His forgiveness and grace creates beauty within my heart and soul. He makes me capable of being the grace-filled and godly person I want to be.
4. I will confess and repent and ask God to get rid of the old boxes I have been storing in my heart and make space for loving Him and others.

**Trust in the Lord with all
your heart and lean not on
your own understanding;**

Proverbs 3:5

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FOR A LIFE OF REST

**but keep my commands
in your heart,**

Proverbs 3:1

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**A heart at peace gives
life to the body**

Proverbs 14:30

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**A cheerful heart is good
medicine.**

Proverbs 17:22

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A collage of various colored arrows (purple, blue, orange, green, yellow) pointing in different directions, set against a background of a repeating diamond pattern. The arrows are layered and some have patterns like dots or stripes. The overall composition is dynamic and suggests movement or choice.

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**set your heart on the
right path**

Proverbs 23:19

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**the Lord weighs the
heart.**

Proverbs 21:02

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**As water reflects the
face, so one's life
reflects the heart.**

Proverbs 27:19

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Blessed are the pure in heart, for they will see God.

Matthew 5:8

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**Guard your heart above
all else, for it determines
the course of your life.**

Proverbs 4:23

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**Doing the same wrong
things over again expecting
a right result.**

Insanity Defined

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**Come to me, all you who are
weary and burdened, and I
will give you rest.**

Matthew 11:28

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“‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’

Matthew 22:37–39

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Pilgrim's Progress
John Bunyon
1678

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The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

John 10:10

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**These people honor me
with their lips, but their
hearts are far from me.**

Matthew 15:08

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Matthew 22:37–39

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If I want Jesus to to
make space in my heart
I must know of the NEED

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You ... do not need a
thing

Revelation 3:17

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**you nullify the word of
God by your tradition that
you have handed down.
And you do many things
like that."**

Mark 7:13

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If I want Jesus to to
make space in my heart
I must be WILLING

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**For this people's heart
has become calloused**

Matthew 13:15

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**For the mouth speaks
what the heart is full of.**

Luke 6:45

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If I want Jesus to to
make space in my heart
I must REPENT

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Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

Matthew 11:29

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But the things that come out of a person's mouth come from the heart, and these defile them.

For out of the heart come evil thoughts—murder, adultery, sexual immorality, theft, false testimony, slander.

Matthew 15:18-19

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Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things.

Colossians 3:1-2

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But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. Do not lie to each other . . .

Colossians 3:8

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Pilgrim's Progress
John Bunyon
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**Put to death, therefore,
whatever belongs to your
earthly nature: sexual
immorality, impurity, lust,
evil desires and greed**

Colossians 3:7

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