

UCDH Mandatory 40-Hour Observation (Shadowing) Form

Applicants for the Utah College of Dental Hygiene (UCDH) Bachelor of Science in Dental Hygiene (BSDH) Program must demonstrate familiarity with the dental hygiene profession. All applicants are required to personally observe (shadow) 40 hours in a dental hygiene department (or shadow a dental hygienist) either in a general dental office or a periodontal office setting. This requirement helps ensure that all individuals applying to enter the UCDH BSDH program are making an informed career decision. Documentation of this requirement must be submitted to the UCDH Admissions and Records Office by the program application deadline.

Date	Office Name & Address	Office Phone Number & Contact Email	Total Hours /Day	Dental Hygienist(s) Name(s)	Dental Hygienist's Initials	One dental hygiene skill I observed on this day
Total Hours →						

Applicant, please check off below any/all dental hygiene procedures you were able to observe while shadowing.

- | | |
|--|---|
| <input type="checkbox"/> Assessment and Medical History
<input type="checkbox"/> Hard Tissue Charting
<input type="checkbox"/> Oral Health Education
<input type="checkbox"/> Exposure and computer integration of digital radiographs
<input type="checkbox"/> Fluoride treatment/varnish application
<input type="checkbox"/> Administration of Local Anesthetics | <input type="checkbox"/> Extra and Intra Oral Examinations
<input type="checkbox"/> Periodontal Exam
<input type="checkbox"/> Exposure and Processing of Film Radiographs
<input type="checkbox"/> Polishing <input type="checkbox"/> Sealants
<input type="checkbox"/> Scaling and root planing
<input type="checkbox"/> Sterilization procedures and infection control |
|--|---|

I certify that the above information and hours are correct.

Printed Name of Applicant: _____ **Email:** _____

Signature of Applicant: _____ **Date:** _____