

## Utah College of Dental Hygiene Mandatory 40-Hour Dental Hygiene Observation

To ensure that individuals applying to enter the Utah College of Dental Hygiene (UCDH) Bachelor of Science in Dental Hygiene (BSDH) program are making an informed career decision, applicants must demonstrate familiarity with the dental hygiene profession. Applicants are required to observe a dental hygienist in person for a minimum of 40 hours in either a general dental office or a periodontal office. 8 hours of observation is required to be completed at the time of application and to receive an interview. The 40 hours of observation documentation must be submitted to the UCDH Admissions and Records Office by the application deadline. Multiple forms can be submitted. Additional forms can be emailed to admissions@ucdh.edu.

Date	Office Name & Address	Office Phone & Contact Email	Total Hours	RDH's Name(s)	RDH's Initials	One skill observed this day
<b>Total Hours →</b>						

**Check all dental hygiene procedures you observed while shadowing.**

- |  |   |
|--|---|
| <input type="checkbox"/> Assessment and Medical History<br><input type="checkbox"/> Hard Tissue Charting<br><input type="checkbox"/> Oral Health Education<br><input type="checkbox"/> Fluoride Application<br><input type="checkbox"/> Coronal Polishing<br><input type="checkbox"/> Scaling and root planing | <input type="checkbox"/> Extra and Intra Oral Examinations<br><input type="checkbox"/> Periodontal Exam<br><input type="checkbox"/> Exposure of Radiographs <input type="checkbox"/> Digital <input type="checkbox"/> Film<br><input type="checkbox"/> Sterilization procedures and infection control<br><input type="checkbox"/> Sealant placement<br><input type="checkbox"/> Administration of Local Anesthetics |
|--|---|

**I certify that the above information and hours are correct.**

**Applicant Name:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Applicant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_