

Volume 20, Issue 11 November 2023

In This Issue				
From the Pastor's Pen	2	Wellness News	5	
New Members	3	End of Year Giving	5	
We Celebrate You	4	Ministry Activities Pictures	7-12	



From the Pastor's Pen...

"Caring and Sharing"



As we look at the life of our Lord Jesus Christ, His caring spirit is glaringly evident. He not only cared, but shared, as emphasized in scripture, time and time again. Countless miracles of feeding the hungry, healing the

sick, opening blinded eyes, are examples of His sensitivity to the needs of others.

If we are to be like Christ, those who are "called' to do the work of the Kingdom, we must also have compassion for others. The early church members had so much love in their hearts, they sold their possessions and shared the profit with those who had nothing. The community of Christians in the book of Acts was clearly a caring and sharing community. The local church must be the base for such a loving ministry. We must open our hearts and allow the Spirit to pour His love in so He can love through us. It is God's love, flowing through us that compels us to be compassionate and concerned about the welfare of those in need. With God's love in us, we can genuinely love, care and share!

My prayer for us today is for more loving and compassionate servants who are willing to care and are moved to action by sharing our many resources with those who are less fortunate. We must remember, we are blessed by God to be a blessing to others! So, help somebody.

~Dr. O. Wendell Davis

Let's Study Together

Sunday School Lessons for November 2023

"Christ Frees, Law Enslaves"

11.05.2023	Enlarging Out Vision	Acts 15:1-11
11.12.2023	The Greatest Gift	I Corinthians 13:8-13
11.19.2023	Live as You Were Taught	Colossians 2:16-23
11.26.2023	Do What Is Helpful	I Corinthians 10:23-33; 11-1

[&]quot;For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope."

~Romans 15:4 KJV~

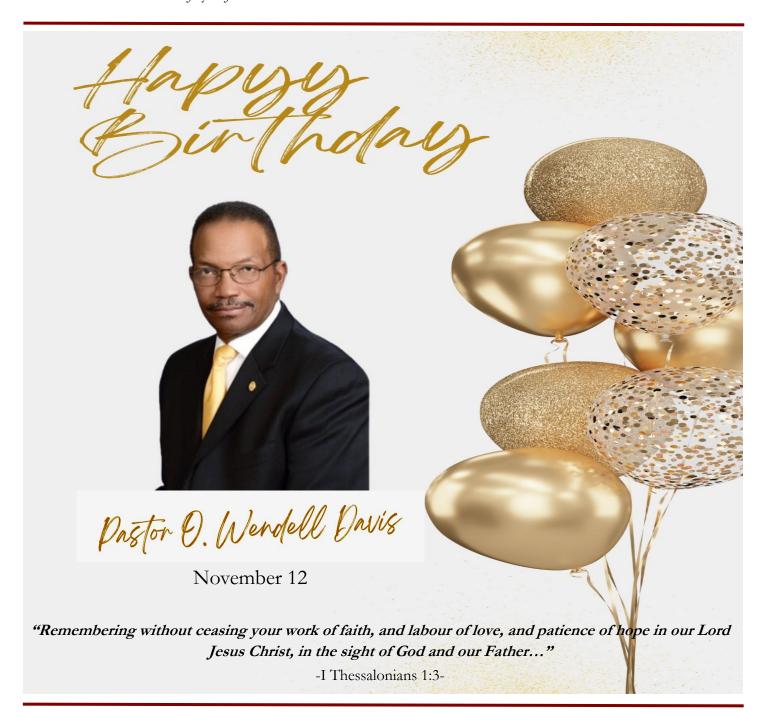
New Members

We welcome you, with the joy of the Lord, to the Union Chapel Missionary Baptist Church family! It is our prayer that your faith will be strengthened as we learn and grow together. We invite you to explore the ministries of the church and ask God to show you where He wants you to get connected. We are truly excited you are here.

Lillie Barnett Shimeka Nicole Jones

Darian Burgin Taylor Smith

Joyce Johnson Alisha Wilson



We Celebrate You...

Congratulations to Raven (Nakai) Griffin, Kevin McGhaw, Jr., and Jaelyn Morgan Reeves, who were recently recognized at Tuskegee University's Annual Scholarship Convocation for making the 2022-2023 Honor Roll. This honor is bestowed in recognition of academic excellence and for the promotion and encouragement of scholarly work. Nakai, Kevin and Jaelyn are all studying Veterinary Medicine. This honor is evidence of the hard work they are exhibiting during graduate school. Kevin is a second year graduate student, while Jaelyn and Nakai are both third year graduate students.

Nakai is the daughter of Raven and Timothy Griffin; Kevin is the son of Rotrice and Kevin McGhaw, Sr. and Jaelyn is the daughter of Norma and Johnathan Reeves.



Nakai Griffin



Kevin McGhaw, Jr.



Jaelyn Reeves



Congratulations to Mother Hazel Hawk, who recently celebrated her 90th birthday with family, friends and well-wishers.

Happy 90th Birthday

Wellness News

Taking Time to Listen to your Body may Lower Stress. Most of us make an effort to be a "good listener" - we try to pay attention when others talk. But what about listening to yourself? Not to your voice, or to the chatter between your ears, but to your body. Paying attention to what's happening in your body may make you more resilient to stress, suggests a study. Being resilient generally means responding appropriately and returning to your normal, calmer state after something or someone makes you feel stressed. When you don't regularly pay attention to your body's signals, low-level stress may continually build until your stress reaches critical levels and you're unable to manage it comfortably. That kind of chronic stress can put your health and happiness in serious jeopardy.

Sharpen your body-listening skills with mindfulness meditation, the practice of paying attention to what's happening in the present. And get in the habit of doing a quick body scan once, twice or even a few times a day. Close your eyes, turn inward, and take a couple of minutes to "listen." Notice the speed and quality of your breathing, any tense or tender spots, creaks and grumbles, and whatever else you hear. Trust your gut, too. Who knew your body could be such a great conversationalist?

~Cleveland Clinic Wellness

Church History Facts



Looking back at the Senior Usher Board 1982! – The Officers were: President – Sis. Louise Jones, Vice President – Bro. Robert Cobb, Secretary – Sis. Sadie Pleasure, Assistant Secretary – Sis. Samyetta Byrd, and Treasurer- Sis. Louise Allison. Members of the Usher Board were Sisters and Brothers: Evelene Binford, Jack Binford, George Boone, Ethel Brazil, Mose Crim, Linda Coffee, Shelia Crutcher, Katherine Curry, Catherine Davis, Mazell Hall, Charles Henderson, William Hobbs, Tessie Horace, Paul Jackson, Malinda Moore, Gail

Newby, Bertha Pickett, Maggie Reed, Katherine Scruggs, Richard Showers, Sr., Olympia Smith, Earnestine Sullivan, Elizabeth Thomas, Lula Mae Turner, Winston Wherry, and Esther Willis.

As we reflect on this Board/Ministry in 1982, many of the faithful members have passed away. May each of them be remembered for the service they rendered to God through their work as a "Door keeper" at Union Chapel Missionary Baptist Church and other Churches in the Huntsville, Madison County area. We give thanks to God for the members that are still giving service in this Ministry or other Ministries throughout the Church.

End of the Year Giving

"And remember the words of the Lord Jesus, that He said, It is more blessed to give than to receive."

~Acts 20:35~

As you prepare for your end-of-year giving, please prayerfully consider making a gift to Union Chapel Christian Academy Foundation, Inc. (UCCAF). There are endless worthy causes in our community, nation, and world that can only thrive with generosity, such as yours.

Partnering with UCCAF enables us to enhance the academic and non-academic programs and provide scholarships to academically talented and disadvantaged students to attend UCCA. The generous contributions from our partners enabled us to update technology in the classroom for elementary and middle school students, as well as to supplement other program initiatives at UCCA.

We recognize that you have a choice in where you give, and your investment in UCCAF will make a difference. As this year comes to a close, please consider a year-end gift to Union Chapel Christian Academy Foundation, Inc. We are counting on you. All contributions received my mail must be postmarked by December 31, 2023 for full 2023 tax credits.

Girl Scout Recruitment

Union Chapel Girl Scouts is seeking girls who are interested in joining one of our troops. If you are looking for a



positive environment that will give your young girl the encouragement and confidence she needs, then look no further. Troop meetings are held every second and fourth Saturday of the month, 10:00 a.m. - 12 noon, in the basement of the church.

We are also seeking committed leaders who enjoy working with girls and are willing to volunteer time as a mentor. For additional information,

contact

Sister Melodie Morgan at 256.655.8874 or Sister Traycine Rice at 256.852.3637. Girls Scouts is open to girls in kindergarten - 12th grade.



Ministry Activities

Annual "Pink" Sunday: The Wellness Ministry sponsored the annual Breast Cancer Awareness Day, October 8, 2023. Members were asked to wear pink in commemoration of survivors and those who have transitioned. A balloon release was held after both worship services.



Ministry Activities





Cancer Support Ministry 2nd Annual Ministry Luncheon:



Girl Scouts recently held their Annual Mother-Daughter Tea:



The Cancer Support Ministry participated in the 20th Annual Liz Hurley Ribbon Run:

