

The Herald

Union Chapel Missionary Baptist Church
315 Winchester Road
Huntsville, AL 35811

Volume 18, Issue 1

January 2021

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Happy NEW YEAR

*You crown the year with Your goodness,
And Your paths drip with abundance.*

PSALM 65:11

From the Pastor's Pen...

“Worship in the Church”



Worship is the church's door to life in God. God is the “*life of the church*,” so worship is the act by which our life in Christ is expressed.

When we worship, He does not need us to bless Him. We offer ourselves to Him so that we can be blessed.

If our worship dies, the other functions of the church die as well. God's spirit is activated when we worship in spirit and truth. In other words, we should always be in the spirit of worship. True worship can only be realized when we have a well-balanced devotional life. So, today, let us pray that the Holy Spirit will grow us in our worship experience. Praise and worship Him at all times. He is worthy.

The primary function of the church is the worship of God. A congregation “enters to worship and departs to serve.” We exist to worship God. Our worship empowers us to live, witness and serve. We were created to worship; not for God's benefit, but for our own.

~Pastor O. Wendell Davis

New Members

We welcome you, with the joy of the Lord, to the Union Chapel Missionary Baptist Church family! It is our prayer that your faith will be strengthened as we learn and grow together. We invite you to explore the ministries of the church and ask God to show you where He wants you to get connected. We are truly excited you are here:

Aja D'Nae Yarbrough

Lets Study Together

SUNDAY SCHOOL LESSONS

January 2021

“Jesus and Calls in His Ministry”

01.03.2021 Called to Proclaim
Luke 4:14-22a

01.17.2021 Called to Heal
Mark 2:1-12

01.10.2021 Called to Significance
Luke 5:1-11

01.24.2021 Called as the Intercessor
John 17:14-24

“The Call of Women”

01.31.2021 Prophesying Daughters
Luke 2:36-38; Acts 2:16-21; 21:8-9

A Year of Giving

The year 2020 will undoubtedly be known as one of the most challenging years of all time. Civil unrest; high unemployment; start of the COVID-19 pandemic; increase in coronavirus cases and deaths; political, social and economic upheavals; and many Americans in need of spiritual and physical food.

Established on February 1, 2019 at the Orange Drive location, the Union Chapel Food Pantry originally opened its doors to serve our members affected by the government-wide shutdown. After the furlough was lifted and employees returned to work, members continued to donate food, clothes, household items, toiletries, and furniture. A few months later, the ministry grew to be Union Chapel Food Pantry & Caring and Sharing Ministry.

By March 2020 and due to the surge of coronavirus cases, a national shutdown was mandated. To our amazement, the greatest need in our community became food. This led to the relocation of the Food Pantry from Orange Drive to the main church Fellowship Hall on Winchester Road. The shutdown caused many in the community to flock to area grocery stores leaving shelves empty which became a major challenge to buy food in bulk for those less fortunate.

On May 24, 2020 Union Chapel held its first food drive, distributing 200 boxes of food. The following month, 200 more boxes were distributed but the demand was so great that another drive was scheduled on August 1st and August 22, 2020. Failing to meet the demand, 260 boxes were distributed on September 26, 2020 and 340 boxes on October 24, 2020. To meet the need intermittently between months, boxes of food were prepared and left in the church for anyone in need at any time. Still large numbers were turned away after every food giveaway. By November 21, 2020, the demand was so great that over 200 cars were turned away after distributing 350 boxes. Praying for guidance, the Lord intervened and stocked grocery stores and by the December 19, 2020 giveaway over 545 boxes were distributed - the first time no one was turned away emptyhanded.

As of December 31, 2020, the Lord blessed Union Chapel to prepare over 2,260 boxes of food - feeding over 9,040 people in the Tennessee Valley. Through the generosity of family, friends and members we received over \$21,000 in food and cash donations. What a mighty God we serve!



A Year of Giving (continued)



Wellness News...



Do it now! Exercise keeps on giving...to your body and your brain. Two new studies underscore a fundamental truth: Our bodies

are not meant to be couch accessories! Researchers who followed a group of men for 45 years concluded that those with the lowest aerobic capacity had the highest risk of death — and that low physical fitness is second only to smoking as a health risk! In a second study, stopping physical activity was found to decrease blood flow to the brain among regular exercisers. The upshot: To maximize your time on the planet, and stay sharp while

you're here, move your body on a regular basis. "Getting started with a new exercise routine is usually the biggest challenge people face," notes Cleveland Clinic fitness specialist Ryan Sidak. His number one piece of advice? Pick an activity you love: "Just as you avoid foods you don't like, you'll do the same if you don't enjoy the exercise you've chosen." If you love to swim, find a pool. If you enjoy biking, hop on. And then, well, just do it. "Start today." Don't fall into the trap of 'next week' or 'next month,'" says Sidak. A few tricks of the trade: Set out your exercise clothes before bed, make a realistic schedule, and keep a journal to track your results. And try some retail therapy: Investing in a new pair of running shoes or a workout outfit can be a great motivator.

~Cleveland Clinic Wellness