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In This Issue				
From the Pastor's Pen	2	Black History Moments	5	
New Members	3	After the Cap and Gown	6	
We Celebrate You	4	Guitarist Roland Gresham in Concert	7	
Wellness News	4	Internship Opportunity	7	

# "New Beginnings"

"Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new."

~II Corinthians 5:17 ~

The Herald is a monthly publication of Union Chapel Missionary Baptist Church. Members are encouraged to submit all newsworthy articles by the 20th of the month to newsletter@unionchapel-hsv.org. All articles are subject to editing for clarity and grammatical correctness.

## From the Pastor's Pen...

## "Growing as a Pastor, Part II"

### Excerpt from "My Spiritual Journey"



What we don't know won't only hurt us but it can do harm to others. Apollos was sincere but he was sincerely wrong. Не had much learning but did not know Christ. In our sincere desire to learn, we must not forget that our learning should be all about

Him. As pastors we should be willing to learn.

We should not go to school merely to learn how to preach - we must go to school because we are preachers. The minister should never minimize the value of education. I have found that ministers who find little value in education are primarily ministers who have little or none themselves. Every church deserves a good pastor, and a good pastor is one who is equipped to preach and teach. A good preacher is one who listens to the voice of the Holy Spirit and feeds the flock of God. Now, I am not talking about attaining degrees. Degrees don't make a pastor, the Holy Spirit does. With all of the resources available today there is no excuse for the pastor to go to the pulpit unprepared.

As stated earlier, I moved back to Mississippi to study under my father who was the pastor of Mt. Pilgrim M. B. Church in Long Beach, Mississippi. There I served as Youth Pastor for six years while working and attending college part time on the GI Bill. Every second Sunday was designated Youth Sunday. I delivered the messages during those services. I can say that I matured considerably as the Lord blessed my preaching during that time. I can only express heartfelt gratitude to my father and the members of Mt. Pilgrim for giving me an opportunity to grow in the preach ministry.

I experienced a lot of firsts at Mt. Pilgrim. I performed

my first wedding, taught my first class, and was ordained at this wonderful church, and my wife and I first worked as a team in worship at this church. She was the musician for the youth.

On the flip side, I also discovered what not to do when serving as an associate minister in the local church. Oftentimes young ministers tend to think more highly of themselves than they should. Sometimes disgruntled members who have personal problems with the pastor will say and do things that can cause friction between the pastor and the associate minister. Associate ministers must understand that they are planted in that local church to assist the pastor. They must make every effort to understand the pastor's mission in order to help him.

People were sometimes bold enough to come to me and speak against the pastor, who was my father. Now that took some nerve, but when some people want their way all boundaries are crossed. I would always refer them back to the pastor. You see, some people will use flattery in order to sway you their way. I've heard things like, "you can preach better than the pastor" or "the pastor should let you preach more often." I've heard it all. It's unfortunate that many of our young preachers fall prey to these tricks. Just think about it, if you are that good, then, why aren't you pastoring? Sure the pastor has his faults, but God will deal with him. Many churches have been destroyed because of renegade associate ministers.

The worst thing for a young minister to do is to be caught up in church mess. It will follow you for the rest of your life. Learn to be faithful to God and loyal to the pastor. And, God will bless you so you can bless others. I learned that nothing should be done in the local church without the pastor's approval.

(Next month: "Growing as a Pastor, Part III")

~Pastor O. Wendell Davis

### New to Our Church Family

We welcome you, with the joy of the Lord, to the Union Chapel Missionary Baptist Church family! It is our prayer that your faith will be strengthened as we learn and grow together. We invite you to explore the ministries of the church and ask God to show you where He wants you to get connected.

We are truly excited you are here:



Kennedy Antoinette Dubose

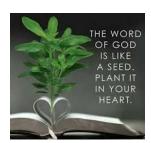


Terrance Maurice Jackson



Regan Elise Williams

### Let's Study Together



#### **BIBLE STUDY**

Join us every Wednesday

12 Noon Mid-Day Bible Study Boone-Lacy Fellowship Hall

7:00 p.m. Adult Bible Study Boone-Lacy Fellowship Hall

> Youth Bible Study Basement

Collegiate Bible Study Conference Room (Former Library)

#### **SUNDAY SCHOOL**

Join us every Sunday at 7:00 a.m. & 9:30 a.m.

"Dedicating the Temple of God"

- 01.05 A Place for the Ark (I Kings 8:1-13)
- 01.12 Solomon's Speech (I Kings 8:14-21)
- 01.19 Solomon's Dedication (I Kings 8:22-30, 52-53)
- 01.26 Solomon's Blessing (I Kings 8:54-61)

### We Celebrate You...



Congratulations to Dallis Austyn Epps, who was recently inducted into the Kappa League sponsored by the Huntsville Alumni Chapter, Kappa Alpha Psi Fraternity, Inc. The Kappa League is a mentor guided program that primarily focuses on spiritual growth, leadership, and development.

Dallis is the son of Tamekia Montgomery.



Congratulations to Mother Naomi Henderson, a Speech-Language Therapist, with the Lincoln County School System, who was recently nominated for "Teacher of the Year" at one of the schools, where she serves.

Mother Henderson is employed as an Itinerant Speech

Therapist and provides speech therapy services to students preschool-8th grade. She also provides services to middle and high school students in the Lincoln County School district. Mother Henderson has been employed with the Lincoln County School System, in Fayetteville, Tennessee for more than 28 years.



Congratulations to Anthony Davison, who was recently named principal at Sonnie Hereford Elementary School. Brother Davison most recently served as Pre-Kindergarten Coordinator and has been employed with Huntsville City Schools for 12 years, in various capacities.

Brother Davison is a graduate of Alabama A&M University, receiving both a Bachelor of Elementary Education and a Master of Education. He is currently pursuing a doctorate of Education focusing on Instructional Leadership from Concordia University.



Congratulations to Mrs. Clausell Hodges McKinstry, who celebrated her 95th birthday on October 27, 2019. Mrs. McKinstry was honored with a surprise birthday party at the Nibethany Cumberland Presbyterian Church.

of Deborah Toney.

Mrs. McKinstry is the mother



Congratulations to Dr. Patricia G. Sims, who was recently elected to the Executive Council of the Southern Association of Colleges and Schools/Commission on Colleges (SACSCOC) Board of Trustees. The Executive Council is a 13 member committee elected by the Board of Trustees responsible for interpreting commission policy and

procedure. It also functions on behalf of the Board between sessions. Sims, who is currently serving her first term on the SACSCOC Board of Trustees, was also reappointed to serve a second term beginning in January 2020.



Congratulations to Trooper Curtis Summerville, who retired December 31, 2019 from the Alabama Law Enforcement Agency (ALEA) with 32 years of dedicated service. Trooper Summerville proudly served the citizens of Alabama and the Huntsville/Madison County area.

Trooper Summerville

most recently served as ALEA Spokesman.

"For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end."

(Jeremiah 29:11 KJV)

### Wellness News

In the dark days of winter, lighten up! Long, sun-drenched

summer days can feel like a distant memory this time of year, and no matter how many winters you've lived through, the early sunsets and long nights can come as a shock. Whether you're experiencing a mild case of the "winter blues" or seasonal affective disorder (SAD), a type of depression caused by the effects of changing light on brain chemicals, there are ways to feel better. Get-

ting as much natural light as you can, especially in the morning, can counteract seasonal melancholy. Light therapy, the use of a specialized lamp that simulates the effects of sunlight, may be a good idea, too, as it helps to reset the sleep-wake cycle and rebalance brain chemicals. Double down on general mood-lifting habits, including the best natural anti-depressant, bar

none: exercise! Walk, jog, swim, dance - anything that

raises your heart rate - for a half hour, five times a week. Since upbeat music can spark feel-good vibes, keep your favorite albums at the ready or create a "winter joy" playlist. And don't go it alone. Instead of curling up alone on the couch until spring, use the extra indoor time for cozy gatherings with friends and family. Tell stories, bust out the board games and hot chocolate, and bond with

the people you love. (If you feel the persistent gloomy and hopeless feelings characteristic of SAD, talk with a health care provider, as medication or cognitive behavioral therapy may be called for.)

~Cleveland Wellness Clinic

### Affinity Debit Card



The Union Chapel Christian Academy (UCCA) debit card, sponsored by Redstone Federal Credit Union, is now available. The Affinity Debit Card program from Redstone Federal Credit Union (RFCU) provides cash back to UCCA every time you make a purchase from your Redstone Federal Credit Union checking account. The UCCA Affinity Debit Card is just like any other RFCU debit card, except when it is used for purchases, the Academy will earn cashback. In other words, you can help earn free money for the Academy.

The Affinity Debit Card may be obtained by visiting any Redstone Federal Credit Union branch or by calling the Member Connect Center at 800.234.1234 or 256.837.6110.

Each purchase, including online purchases, allows UCCA to receive cash back to further education and support of UCCA. Additionally, you will show your support and loyalty every time you make a purchase.

### Moments in Black History...



Joseph Echols Lowery, born October 6, 1921 in Huntsville, Alabama, is a minister in the United Methodist Church and leader in the Civil Rights Movement. He attended middle school in Chicago while staying with relatives, but he returned to Huntsville, Alabama, to complete William Hooper Councill High School.

He later became the third president of the Southern Christian Leadership Conference, after Martin Luther King Jr. and his immediate successor, Ralph Abernathy, and participated in most of the major activities of the Civil Rights Movement of the 1960s.

## After the Cap and Gown



Amber Martin, daughter of Margarette and Minster Lennon Martin

#### **Education:**

- Bachelor of Science, Biology/Pre-Medicine, Stillman College May 2010
- Master of Public Health, Health Behavior, University of Alabama at Birmingham (UAB) - December 2015
- Graduate Certificate Global Health Studies, UAB May 2016
- Master of Arts, Clinical Mental Health Counseling, UAB May 2020
- Doctor of Philosophy, Health Education/Health Promotion,
   UAB Fall 2021 (anticipated)

#### Career:

- University of Alabama at Birmingham Community Counseling Clinic, Clinical Mental Health Student Clinician, Birmingham, AL, [05/2019 present]
- University of Alabama at Birmingham Epilepsy Center, Research Program Manager I (2018 present)
- American Heart Association, Multi-Cultural Initiatives Intern, Birmingham, AL, [04/2015 10/2016]
- University of Alabama at Birmingham Epilepsy Center, Clinical Coordinator/Researcher III, Birmingham, AL, [02/2013 – 05/2018]
- University of Alabama at Birmingham Multimodal Imaging Facility Radiology, Research Technician, Birmingham, AL, [09/2010 02/2013]
- Veterans Affairs Mental Outpatient Clinic, Work-Study Intern, Tuscaloosa, AL, [01/2008 05/2010]

#### Goals:

My primary goal is to merge my career and educational backgrounds to create a unique research niche focused on mental health education, mental health treatment advancement, neuroscience translation in counseling services, equity in mental health treatment options, multi-cultural and diversity training in counseling therapy, and the translation of health behavior research in counseling therapy practice. I also desire to create comprehensive mental health wellness programs for Historically Black Colleges and Universities who lack this resource on campus.

#### Experience/Lessons:

At 13 years old on a mission trip with my Aunt I told her God was going to use me to heal people. I came back from that trip and told my daddy and mama the same thing and from that day forward started focusing on a career in medicine. It wasn't until 2011 sitting in a library studying to take the MCAT that I realized I never asked God what he desired for my life I just took the vision and ran. All that time I just knew it had to be medical school, but now I know differently. I remember my Dad telling me "Amber some things only come through fasting and prayer" so I decided to do just that, and my life has NEVER been the same. My career and continued education has placed me in front of people who are hurting due to physical disorders like cancer, epilepsy, stroke, and traumatic Brain injury, people who are battling with mental disorders like anxiety, depression, PTSD, substance abuse, and suicidal ideation, families and couples who are dealing with relational issues threating the unity of their relationships, and adolescents and children who feel there is no hope or have been through traumatic experiences that shape their worldview. Having a listening ear, being a tangible resource, and providing counseling are all conduits God has used to provide healing for people, and thus has continued to show himself faithful in my life.

### Guitarist Roland Gresham in Concert

Holiday Memories, a Christmas concert featuring guitarist Roland Gresham was held on December 18, 2019.



# Internship Opportunity



#### Short-Term Research Experience for Underrepresented Persons

Paid Research Experience Opportunity to conduct biomedical research in locations geographically close to one's home End of Summer Annual Research Symposium on the campus of the National Institutes of Health





#### Eligibility

- Be a US Citizen, non-citizen national, or legal permanent resident
- Open to both HS juniors and seniors at time of the application
- Must be at least 16 years old
- From a background underrepresented in biomedical research on a national basis

Application Opens: October 15, 2019 Deadline – February 15, 2020

More Information Contact:

Dcaffey@mednet.ucla.edu



Monthly Ministry Meetings			CHURCH ADDRESS
Ministry Time Frequency			215 Win algestan Dood
SUNDAY			315 Winchester Road
Intercessory Prayer Line	7:00 AM - 8:00 AM	Every	Huntsville, AL 35811
New Members Orientation	9:30 AM	Every	25 ( 252 4452
Prayer Line Ministry	8:00 PM - 9:00 PM	Every	256.852.1150
MONDAY			256.851.6949 FAX
Intercessory Prayer	6:00 PM - UNTIL	Monday-Friday	OFFICE HOUDS
Stitching & Quilting Ministry	6:00 PM	Every	OFFICE HOURS:
Cancer Support Group	6:30 PM	1st	10 A.M 6:00 P.M.
Progressive Matrons	6:45 PM	1st	10 11.111 0.00 1 .111.
Revised Version Choir	6:00 PM	1 st/2nd/4th	WEBSITE:
Trustee Ministry	6:30 PM	1st	
Missionary Ministry	6:00 PM	2nd	www.unionchapel-hsv.org
Ushers Ministry #1	7:00 PM	2nd	TEMATI
Youth Ushers Ministry	6:00 PM	2nd	EMAIL:
Deacons Ministry	6:30 PM	3rd	unionchapel@unionchapel-hsv.org
Deaconess Ministry	6:30 PM	3rd	anonemper@anonemper novoig
Mothers Ministry Grief Ministry	10:00 AM - 12 NOON 6:00 PM	3rd 4th	O. Wendell Davis, D.Min.
Kidney Support Ministry	6:00 PM	4th	Pastor
Men's Ministry	6:00 PM	4th	1 40001
Sign Language Ministry	5:45 PM	Every other month (Monday after the first Sunday)	Sunday Worship Services
TUESDAY			7:45 and 10:45 a.m.
Senior Adult Ministry	1:00 PM	1st (after the first Sunday)	
Cub Scouts	6:30 PM	1st	Sunday School
Matrons	6:30 PM	1st & 3rd	7:00 a.m.
Church Choir	7:00 PM	1st & 4th	7.00 a.m.
Gospel Choir	7:00 PM	2nd	9:30 - 10:30 a.m.
Laymen/Brotherhood	7:00 PM	2nd	
Community Care Ministry	6:00 PM	2nd	RADIO MINISTRY
Recreation Ministry	6:30 PM	2nd	WIELD 135 1500 D 1
Women's Choir	6:00 PM	3rd	WEUP AM 1700 Radio
Ministers' Wives	5:30 PM	3rd (Quarterly)	Sermon 1:30 p.m. (Sunday)
Male Chorus	7:00 PM	3rd	1 \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
WEDNESDAY			TELEVISION MINISTRY
Intercessory Prayer The Passage Ministry	11:00 AM - 12 NOON 5:45 PM	Every	Each Sunday
		Every	Each Sunday
Sunday School Teachers Education Assistance Ministry	6:00 PM 5:30 PM	Every 3rd	WAWB TV
THURSDAY			7:00 - 8:00 a.m.
Church Choir	7:00 PM	1st & 4th	7.00 0.00 a.m.
Gospel Choir	7:00 PM	2nd	Comcast Cable 3 TV
Usher Ministry #2	6:00 PM	2nd	
Women's Choir	6:00 PM	2nd & 3rd	8:00 - 9:00 p.m.
Male Chorus	7:00 PM	3rd	Mediacom Cable
Executive Ministry	6:00 PM	3rd	Mediacom Cable
Young Women's Ministry	5:45 PM	3rd	Channel 11 (WAMY)
Tour & Hospitality Ministry	6:00 PM		,
SATURDAY			7:00 - 8:00 a.m.
Boy Scouts	9:00 AM - 11:00 AM	1st & 3rd	-Check your local cable
Wellness Ministry	9:00 AM	2nd	ŕ
Watch Care Ministry	9:00 AM	3rd (March, June, September, December)	services for broadcast times-
Street Ministry	10:00 AM - 12 NOON	3rd	
Community Care Ministry Outreach	11:00 AM	4th 4th	
Progressive Matrons Girl Scouts	10:00 AM 10:00 AM - 12 NOON	4th 2nd & 4th	
OIII SCOUIS	10.00 AW - 12 NOON	211U & 4111	